



# MY MOVING BRAIN

## Community Connect Event in Dublin

Join us for a day of fun, learning & connection as we bring together the community to share personal stories, expertise & ideas to promote inclusion in sport for people living with a range of brain conditions



### Our Speakers



Emma Beamish



Claire Behan



Prof Norman Delanty



Phil O'Dwyer



David Greville



Gwen O'Looney



Dr Michael McKillop MBE



Kinta Oakes

**Living with a Brain Condition: insights from a neurologist**  
Prof Norman Delanty, Clinical Neurologist, Beaumont Hospital .

**Seizing Control: Winning with Epilepsy**  
Dr Michael McKillop, Paralympian & Motivational Speaker.

**Competing Internationally with a Neurological Condition**  
Emma Beamish, former Ireland cricketer and person living with epilepsy

**Making Sport Accessible for All**  
David Greville, Blessington All Stars Team Leader

**Practical Aspects of Playing Sports with a Neurological Condition**  
Claire Behan, Epilepsy Research Nurse Practitioner  
Kinta Oakes, parent of a young adult living with a brain condition

**Climbing the Himalayas - how exercise helps manage my brain condition**  
Phil O'Dwyer – person living with early on-set Parkinson's

**Resources Available in the Community for Coaches and Families**  
Gwen O'Looney, Sports Disability Officer, DLRSP

**Panel Discussion –Making Sports Accessible – Opportunities and Obstacles**

This event aims to bring sports coaches, families and people impacted by neurological conditions together to connect with the community, join the conversation on brain health and wellness in sport and try fun activities for all ages and abilities!

Scan the QR code to register!



16th November 2024, 1.30-5pm



Blackrock College, Co. Dublin

